

Jr Knights CC– 2021 Registration Form. Due by First Practice Monday, Aug 23.

Last _____ First _____ M F

Parents/Guardians _____

Address _____

City _____ Zip Code _____

Phone # _____ Parent Email _____

Parent Cell # _____ for texting information regarding meets / practices.

School that you are enrolled _____ Home School _____ (x)

Grade fall of 2021 _____

1. Permission To Participate

I acknowledge that I am fully aware of the potential risks of participation in cross country. Therefore I do hereby waive, release, absolve, indemnify, and agree to hold harmless the Junior Knight Cross Country Program, and any and all organizers, coaches, supervisors, participants, from any claim arising out of any injury to my/our child whether the result of negligence or for any other cause.

By my signature below, I hereby stipulate that I have read, fully understand, and voluntarily agree to all of the above.

Signature of Parent Guardian _____

Print Full Name _____ Date _____

I have a signed **physical form** and **concussion form** on file at my middle school. Home schoolers need to bring their forms to the first practice.

_____ yes _____ no but intend to do so by _____.

T shirt size (circle) Youth M L XL Adult S M L XL

Print and mail registration with \$55 to Jacki Hoekstra, Unity Christian, 216 Michigan Ave SW, or bring to the first practice on Monday, August 23, at 4:00 pm. Please email if you plan to participate. jacki_28@live.com